



2023 Season

LCC Weekly Tennis Clinics & Social Activities

(Updated as of 6/12/23)

Weekday Clinics- Wednesdays and Thursdays

In response to some of the feedback that we received last summer, we are adding two weekday clinics open to all members beginning the week of June 5th.

- **Wednesday Cardio Tennis (9AM - 10AM)** - This is a tennis clinic designed to get your heart pumping in a fun and upbeat atmosphere. All levels are welcome. \$33 per person.
- **Thursday Stroke of the Week (9AM - 10AM)** - Improve your tennis game with a focus on a particular stroke or technique. Levels range from intermediate to advanced. \$33 per person, limited to 6 players.

Weekend Clinics- Saturdays

- **Cardio Tennis (8AM - 9AM)** - This is a tennis clinic designed to get your heart pumping in a fun and positive atmosphere. All levels are welcome. \$33 per person.
- **Open Tennis Clinic (9AM - 1030AM)** - An open clinic for those looking to focus on doubles strategy and play. \$38 per person.
- **Tennis "Point Play/ 105" (1030AM - 1130AM)** - This is a fast-paced doubles game that rewards teams for more aggressive net play. \$33 per person, limited to 8 players.
- **Beginners "Love "Clinic (1130AM - 1230PM)** - Swing into action and join an intro clinic to jumpstart your game. This is a fun & friendly environment, designed to help you learn quickly. \$33 per person.

Weekend Tennis Drills- Sundays

- **Open Tennis Clinic (9AM - 1030AM)** - An open clinic for those looking to focus on doubles strategy and play. \$38 per person.

- **Tennis “Point Play/ 105” (1030AM - 1130AM)** - This is a fast-paced doubles game that rewards teams for more aggressive net play. \$33 per person, limited to 8 players.

Weekly Social Tennis- Ladies Night (Wednesdays 530PM-7PM) and Men’s Warriors (Thursdays 530-7PM) are kicking off June 14th and June 22nd respectively so please come join us and bring a friend or two.

Any questions, please don’t hesitate to reach out to David Mwanza at dmwanza@litchfield.club with any specific requests.