



## 2020 LCC POOL GUIDELINES

In an effort to maintain a safe environment for our members, and in accordance with the State and local regulations, the LCC Board and Pool Chair have adopted the following guidelines for the LCC pool facilities. The Board will monitor events and adjust the guidelines as permitted by the State.

We ask all members to be mindful of these guidelines when using the pool, as any activity that is not aligned with this plan, and/or is deemed to be potentially endangering to the health of the community, may result in the closing of the pool. Please enjoy the pool, and help keep it open and safe for everyone.

### Pool Reservations

Pool reservations are required and may be made in advance and online only. Pool hours and sign up instructions are available on the LCC website and pool blog. If you are unable to access the online app please contact Pool Director, Chris Marchand. In the event of pool closure due to weather, time slots for those days/times are forfeited.

Members are asked to limit their usage to one slot per day for the afternoon Family Swim times to allow use by all of our members. In the event that slots do not get filled, drop-in is available on a first-come first-serve basis, at the discretion of the lifeguards on duty. If you are more than 20 minutes late for your time slot, your slot will be made available to other members.

### Pool Facilities

- The pool area capacity is limited to 20 people.
- Please enter/exit the pool area through the northeast pool entrance gate, which will be secured in the open position when the pool is open.
- Face masks must be worn when entering and exiting the pool area, and when interacting in close proximity of others in the pool area. Face masks may not be worn in the pool.
- The Pool House is closed to members, except for the use of one bathroom and one changing room, which may be used by one family at a time. We encourage families to arrive already wearing their swim suits. The bathroom and changing room will be cleaned/sanitized throughout the day.
- There will be no water cooler – please bring your own drinking water in a non-glass container.
- There will be assigned seating areas for each family, set apart at least 6 feet for social distancing. Only one family is permitted per seating area. Members are encouraged to bring their own towels, blankets and folding chairs if they would like.
- Tables and chairs will be sanitized after each family has left, prior to the arrival of another family.
- Carry in/Carry out rules apply. Please do not leave anything behind when you leave, including empty cups, wrappers, face masks or wipes.

## **Pool Usage**

- When you arrive at the pool for your allotted time slot, sign-in with the lifeguard at the pool house. Members are asked to leave the pool area immediately following their time slot to allow staff time to properly sanitize the area before the next group arrives.
- Parents and chaperones of children, not lifeguards, are responsible for maintaining social distance of their children while in the pool and surrounding pool area.
- Children under the age of 13 must be accompanied by an adult at all times.
- Six feet social distancing must be maintained in and out of the pool at all times.
- No gathering in groups of different households.
- When lap swimming, only one swimmer per lane at a time. No hanging on or touching the lane lines.
- No sharing of objects, including goggles, toys and floatation devices. Toys brought by members may be used at the discretion of the lifeguards on duty.
- Do not approach the lifeguard in the guard tower unless in the event of an emergency. Questions should be directed to the lifeguard at the pool house.
- All other pool rules remain in effect.

## **Lessons**

Swim lessons that require physical contact between the instructor and student are not allowed at this time. Lessons that do not require physical contact between student and instructor will be allowed. If you are interested in lessons, please contact Chris Marchand.

## **Additional Information**

Do not enter pool area if you are not feeling well, have been in contact with anyone with COVID-19 in the last 14 days, or are exhibiting any COVID-19 symptoms. We also ask that if you have been traveling outside the state that you be mindful and adhere to self-quarantine recommendations by federal and state officials.



**2020 LCC POOL HOURS, PROGRAMS & RESERVATIONS**

**Programs & Hours** - beginning June 20, 2020

<b>Weekdays</b>	<b>Program</b>	<b>Participants</b>	<b>Pool Area Capacity</b>
<b>8:00 am - 9:00 am</b>	Adult Lap Swim (T,TH) Adult Water Aerobics (M,W,F)	Adults only	Lap Swimming – one swimmer per lane Water Aerobics – six participants
<b>9:00 am - 12:00 pm</b>	Jr. Lap Swim*	Juniors 13+	One swimmer per lane
<b>12:30 pm - 8:00 pm</b>	Family Swim	All members	20 people/4-5 families
<b>Weekends</b>			
<b>10:00 am - 8:00 pm</b>	Family Swim	All members	20 people/4-5 families

*\* Jr. Lap Swim is available to swimmers ages 13+ and/or at the discretion of the Pool Director. There are three one-hour time slots and coaching is available. Swimmers must be able to swim laps without stopping mid-lap to grab the lane line or side of the pool.*

Members can sign up for the following time blocks at <https://lcc-swim.getomnify.com>:

<b>WEEKDAYS</b>		<b>WEEKENDS</b>	
8:00 – 9:00	Adult Swim	10:00 – 11:30 am	Family Swim
9:00 – 10:00	Lap Swim	12:00 – 1:30 pm	Family Swim
10:00 – 11:00	Lap Swim	2:00 – 3:30 pm	Family Swim
11:00 – 12:00	Lap Swim	4:00 – 5:30 pm	Family Swim
12:30 – 2:00	Family Swim	6:00 – 7:30 pm	Family Swim
2:30 – 4:00	Family Swim		
4:30 – 6:00	Family Swim		
6:30 – 8:00	Family Swim		

The pool area capacity is limited to 20 people at this time. All pool times are available through advance online sign-up only, at <https://lcc-swim.getomnify.com>. Please note, when signing up for a time slot you must include all members of your family who will be present. If you need help, please reach out to Chris Marchand or any of the lifeguards for assistance.

Members are asked to limit their usage to one “Family Swim” slot per day to allow use by all of our members. In the event that time slots do not get filled, drop-in is available on a first-come first-serve basis, at the discretion of the lifeguards on duty. If you are more than 20 minutes late for your time slot, your slot will be made available to other members.

**Please read the 2020 LCC Pool Guidelines prior to using the pool.**